



event details

- **6/2/08 & 6/16/08** 7:30-9pm  
**Advanced Breast Cancer Support Group**  
 Support for women living with metastatic breast cancer. Share experiences, solutions, triumphs and concerns. Clinical social worker Elsje Reiss facilitates.  
 Meets 1st and 3rd Mondays, Bramwell House Living Rm.
- **6/18/08** 12-1:30pm  
**Young Women's Breast Cancer Support Group**  
 Support and stress relief for women diagnosed under 45. Discuss issues including fertility, side-effects, young families, and self image. Relaxation & breathing exercises help restore peace of mind. Clinical social worker Cynthia Kates facilitates.  
 Meets 3rd Wednesday, Bramwell House Living Rm.
- **6/25/08** 11:45am-1pm  
**Breast Cancer Support Group**  
 Support for women in all phases of the breast cancer journey. Join women just like you to share questions and strategies for coping with treatment side effects, communicating with doctors, facing fears, regaining self-image etc. Bring your own lunch. Social worker Teri David facilitates.  
 Meets 4th Wednesday, Bramwell House Living Rm.
- **6/4/08** 1:30-2:30pm  
**Lunch & Learn**  
 "Medical Update on Triple-Negative Breast Cancer"  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **6/13/08** 12:00-1:30pm  
**Lunch & Learn**  
 "Medical & Quality of Life Update from the 44th Annual Meeting of the American Society of Clinical Oncology"  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **6/1/08** 9:00am-4pm  
**Paddle for Pink Dragon Boat Festival**  
[www.paddleforpink.org](http://www.paddleforpink.org)
- **Gentle Yoga (am)** 5/6 - 6/10 Tuesdays, 10-11:30am  
**Gentle Yoga (pm)** 5/7 - 6/11 Wednesdays, 7-8:30pm  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **Healing Meditation & Yoga**  
 Every Other Monday 4/21 - 6/30 3:00-4:30pm  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **Ride On!** 3/31 - 6/9 Mondays, 12-1pm  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **Strengthen & Stretch** 4/2 - 6/11 Wednesdays, 12-1pm  
**REGISTRATION REQUIRED. CONTACT BCRC.**
- **Water Wellness** 4/4 - 6/13 Fridays, 1:30-2:30pm  
**REGISTRATION REQUIRED. CONTACT BCRC.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>Paddle for Pink Dragon Boat Festival</b>	<b>2</b> <b>Ride On!</b> <b>Healing Meditation &amp; Yoga</b> <small>***</small> <b>Advanced BC Support Group</b>	<b>3</b> <b>Gentle Yoga (am)</b> <small>****</small>	<b>4</b> <b>Lunch &amp; Learn</b> <small>****</small> <b>Strengthen &amp; Stretch</b> <small>****</small> <b>Gentle Yoga (pm)</b>	<b>5</b>	<b>6</b> <b>Water Wellness</b>	<b>7</b>
<b>8</b>	<b>9</b> <b>Ride On!</b>	<b>10</b> <b>Gentle Yoga (am)</b>	<b>11</b> <b>Strengthen &amp; Stretch</b> <small>****</small> <b>Gentle Yoga (pm)</b>	<b>12</b>	<b>13</b> <b>Lunch &amp; Learn</b> <small>****</small> <b>Water Wellness</b>	<b>14</b>
<b>15</b>	<b>16</b> <b>Healing Meditation &amp; Yoga</b> <small>****</small> <b>Advanced BC Support Group</b>	<b>17</b>	<b>18</b> <b>Young Women's Support Group</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> <b>Breast Cancer Support Group</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> <b>Healing Meditation &amp; Yoga</b>	Unless indicated, all activities are free. Visit <a href="http://www.bcrcnj.org">www.bcrcnj.org</a> for more information on BCRC programs and services.  <b>Turn over for July Calendar</b>				

**Breast Cancer Resource Center**  
 YWCA Princeton  
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